

BUCKINGHAM BULLETIN



FROM JENNIFER'S DESK

As we wrap up the month of July, I think it's safe to say that this year's weather has kept all of us guessing. Between the frequent rain showers, humid days, and unpredictable forecasts, it has certainly been an interesting summer. While Mother Nature did not always cooperate, we made the best of it. Unfortunately, many of our End of Summer Picnic celebrations that were planned for the outdoors had to be moved inside, but it was wonderful to see everyone come together and make those events enjoyable regardless of the location.

With August just around the corner, there is a sense of excitement in the air. For many families, the back-to-school season is beginning, bringing shopping trips, new schedules, and the anticipation of a fresh start. It is always amazing how quickly summer seems to pass, and before we know it, the first signs of autumn begin to appear.

Fall has always been one of my favorite times of the year. There is something special about cooler temperatures, colorful foliage, crisp mornings, and all of the traditions that come with the season. From local fairs and football games to pumpkin patches, apple picking, and scenic outdoor walks, there is no shortage of opportunities to enjoy everything New England has to offer.

As we look ahead, I am hopeful that August will bring us some better weather and plenty of opportunities to enjoy the outdoors. It is a wonderful time to reconnect with family and friends, soak up the last few weeks of summer, and prepare for the busy months ahead. Most importantly, it is a reminder to take a moment to appreciate the small joys that each season brings.

Thank you, as always, for your dedication, positive spirit, and all that you do each day. I hope you enjoy the remainder of your summer and find time to create some lasting memories before the arrival of fall.

With gratitude,

Jennifer DeLeon-Rivera

Executive Director



Door Alarms

We would like to acknowledge that you may be hearing our door alarms sounding more frequently than usual lately. These alarms are currently in need of routine servicing and adjustment. While this may occasionally result in unnecessary alarms, we want to reassure everyone that the system remains fully operational and continues to function as intended.

The safety and security of our residents are always our highest priority, and there is no concern regarding the effectiveness of the alarm system. Arrangements are being made to have the necessary servicing completed as soon as possible. We appreciate your patience and understanding while this maintenance issue is addressed. If you have any questions or concerns, please do not hesitate to speak with a member of our team.

Thank you!





Caregiver Seminar: Toolbox **Wednesday August 12th, 5:00 PM** **Conference Room or Teams**

We are continuing our toolbox series with practical advice for daily items and assistive tools & devices. This session we begin with daily basics including glasses, hearing devices, clothing, shoes, and more.
Visitors & questions welcome!

****Atypical Dates****

Support Group **Thursday, August 27th** **5pm-6:00pm**

Join us in the Conference Room or online!

Community Engagement:

It is a joy to welcome our doors to the wider community, and our families. We are very lucky to have had recommendations from resident family members in the past which has resulted in more opportunities for our residents. For example, did you know that we have piano recitals in house by the granddaughter of one of our residents? Not only that but all of the other students who attend classes with that piano teacher bring their families and join in! We also have been host to garden clubs, religious visits, and a pet visits which all brighten up the day. I would be remiss if I did not mention that we have an amazing family volunteer, Michelle, who visits us every week to help out and visit with some of our residents for a little extra TLC, artistic expression, or help with an outing. IT makes all the difference in the world. Do you know a person or group who would be interested in joining our community? We would love to meet them! If so please reach out to Amanda in recreation to talk about what we can do to support new relationships.

Community Info & Tips

We had a family request to post up useful information that you may have missed along the way when joining our community. There is a ton of information, best practices, or other tips that may be helpful to others within the community. We will post some of them here monthly.

Per request, payment portal

The online portal is available for you for easy bill payment. If you have questions or concerns about the process, reach out to Janira in the business office. She is available either by phone or email at jmelendez@buckinghammc.com

Dining Options: In addition to the regular meals that are offered we have an "Always Available Menu" posted in each dining room. If your loved one is looking for an alternate to the offered options but coming up with a request is challenging, the always available menu gives you safe options to offer as an alternate.

Resident Volunteers: We have received many family requests for their loved one's to have specific jobs to do around the community as they enjoy helping out. We appreciate the feedback! What some of us may see as daily tasks that we prefer to avoid, for many of our residents simple daily tasks give a great sense of purpose and pride. We wanted to tell you about some of the ways our residents that enjoy doing so have been participating! Folding napkins, staging programming, assisting in programming, being a peer mentor, filling bird feeders, helping to take orders, leading peers through the building, as well as orienting and helping new residents. We are hopeful that they realize what an impact they have on the community. These little tasks help our residents see this not as just a place they live, but as a home that they are an integral part of.

Picnics: Rain or Shine

August 12th & 26th

Sign up at the front desk, check the calendar for dates.

Welcome!

Buckingham is thrilled to introduce the newest additions to our leadership team! Please take this opportunity to meet Andrew Nightingale & Jared Beaghen.



Maintenance Director

Andrew has already begun working as our Maintenance Director this last week of July. Feel free to introduce yourselves and help us to welcome him to the community.

An Introduction to Andrew

I spent nearly 20 years working as a plumbing and drain cleaning contractor before I entered the healthcare field. I started as a plumber at a hospital then was promoted to management. Since then, I have spent several years as a facilities manager in hospitals and assisted living facilities. I love working in healthcare because I know I am contributing to the health and well-being of those in need. During my time away from work, I love going out with my wife, playing with our four-legged son, spending time with family, and being anywhere on the water.



Culinary Director

Jared will begin working here August 10th as our Culinary Director,

An Introduction to Jared

With 35 plus years of culinary experience Jared began his career in competitive kitchens. Looking for a more hands on experience with the clientele he began working in community living settings 26 years ago. This allows him to focus his creativity less on high paced service and more on bringing a dining experience to those who cannot go out to seek the flavors they are looking for. When he isn't working he spends his time with his wife and two children. A lover of the outdoors, he enjoys touring New England, being active hiking fishing, and being on the water. On game days he can always be found supporting his son's budding baseball career.

TEAM PRIDE

Associate of the Month

Rosalind Barton

CNA

- Honesty • Integrity • Work Ethic •
- Accountability • Respect • Trust •

CELEBRATIONS

8/4 Zahida Begovic, 25 years of service

8/5 Simone Dixon Bisette, 6 years of service

8/10 Shurmay Hackett birthday

8/11 Marcia Davis, 19 years of service

8/12 Lesley DeBacco birthday

8/13 Akiko Cyr birthday

8/14 Amanda Aaron birthday

8/16 Ginny Tyler birthday

8/17 Felicia Frederick, 5 years of service

8/18 Latoya Legette, 4 years of service

8/20 Undrea Bowens-Amoako birthday

8/23 Sandra Pariaug, 2 years of service

8/26 Sonia Wilson, 5 years of service

8/28 Rosalind Barton, 13 years of service

8/29 Erin Giuliano birthday

8/31 Jean Christiana birthday

8/31 Rosina DiFiore birthday



Rosalind's Nomination:

She is a kind person. EVERYONE know how dependable & hardworking she is. She always has a smile on her face—even on the worst days. She faces challenges head on.

She makes my days better.

- Deana

Google Review

Calling all families and friends! If you have yet to leave a Google review for our community please consider doing so. When families are making decisions for their loved ones hearing from all of you can help. Thank you!

Scan the
QR code
below

